



# Share the Shore!

<http://www.nwr.noaa.gov/Marine-Mammals/Stranding-Information.cfm>

## Seal word search!

H	A	U	L	O	U	T	Z	A	W
B	R	O	T	J	H	U	E	X	A
M	P	I	M	V	C	F	V	K	T
A	N	Q	S	E	A	L	G	W	E
M	H	X	W	B	L	I	T	S	R
M	Y	P	I	U	D	P	U	P	I
A	O	Z	M	G	Y	P	T	O	L
L	F	O	R	A	G	E	F	T	Q
C	E	S	D	N	J	R	K	S	X
S	A	L	M	O	N	W	R	F	M

Find these words hidden in the puzzle:  
seal, flipper, pup, forage, water, haulout,  
salmon, swim, spots, mammal.

Color the harbor seal below, use your imagination and have fun! Then cut it out and post it on your fridge so you have our number handy!



Stranding Hotline: 1-800-853-1964

## Harbor Seals!

**Location:** Can be seen throughout Washington and Oregon! There are ~15,000 in Washington inland waters alone!

**Size:** Males and Females range from 4-6 ft. and a maximum of 310 pounds.

**Diet:** Rockfish, cod, herring, flounder, and salmon.

**Gestation:** 10 months.

**Lactation:** Weaned at 4-6 weeks, milk is 50% fat.

**Behavior:** Seal pups are temporarily left on shore while their mother forages for food. If you see a seal pup alone on the beach, the best thing to do is stay 100 yards away from the animal!

**Sleep:** Haul out at night and during the day; they have the ability to sleep underwater and come up for air once every 30 minutes!

**Locomotion:** On land harbor seals drag themselves along using their front flippers in a "caterpillar" like motion.